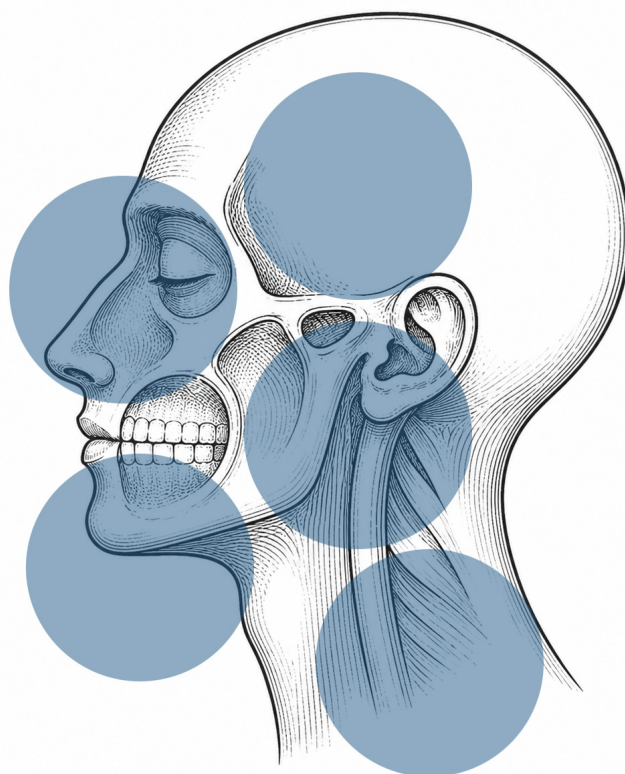




SCIENTIFIC PROGRAMME

3rd HIFPS International Course in Facial Plastic Surgery: Rhinoplasty & Facelift

18 hours of supervised hands-on training on fresh-frozen cadaver specimens

Saturday 5 December 2026 – Monday 7 December 2026

VENUE

NEUROLAB
7, Sevastoupoleos Str
11526 Athens, Greece

ORGANIZER

HIFPS Institute

SECRETARIAT

NEUROLAB
info@neurolab.edu.gr
<https://neurolab.edu.gr>

Practical information

DATE & TIME	Saturday 5 December 2026, 09:30 – Monday 7 December 2026, 18:00 (Europe/Athens)
VENUE	NEUROLAB 7, Sevastoupoleos Str, Athens 11526, Greece https://neurolab.edu.gr info@neurolab.edu.gr
ORGANIZER	HIFPS Institute
CO-ORGANIZERS	Athens Microneurosurgery Laboratory
SECRETARIAT	NEUROLAB · info@neurolab.edu.gr
WEBSITE	https://www.neurolab.edu.gr/event/3rd-hifps-international-course-in-facial-plastic-surgery-rhinoplasty-facelift-23

The 3rd HIFPS International Course in Facial Plastic Surgery is an intensive three-day course at NeuroLab, Athens (5–7 December 2026), combining focused theoretical teaching with 18 hours of supervised hands-on training on fresh-frozen cadaveric specimens: 12 hours of rhinoplasty (days 1–2) and 6 hours of facelift and neck lift (day 3).

Fresh-frozen cadaver specimens and complete surgical kits at every workstation; step-by-step demonstrations followed by technical application on the specimens; video tutorials before each practical module; close faculty supervision throughout.

Course directors: George Mireas, Christos Georgalas, Neophytos Demetriades. Under the auspices of the European Academy of Facial Plastic Surgery (EAFPS).

Registration fees: Rhinoplasty (5–6 December) EUR 800 + VAT; Facelift (7 December) EUR 400 + VAT; Combined Rhinoplasty + Facelift EUR 1,100 + VAT. Registration is confirmed upon payment of the full fee.

Cancellation: by 5 October 2026 50% refund; 6 October – 5 November 2026 25% refund; after 5 November 2026 no refund.

CME–CPD accreditation has been requested from the Panhellenic Medical Association (PIS); up to 18 credits are anticipated, subject to final approval.

Secretariat: Ms Maria Loufardaki, MSc, +30 210 722 9250, ekne@neurosurgery.org.gr

Saturday 5 December 2026

7 talks

09:30–11:00	TS1 Rhinoplasty – Lectures 6th Floor - Perneczky Lecture Room · 1 h 30 min · Presidium: Christos GEORGALAS, George MIREAS (Coordinator), Neophytos DEMETRIADES	
09:30–10:00	Welcome & introduction to the rhinoplasty section Christos GEORGALAS, George MIREAS, Neophytos DEMETRIADES	30 min
10:00–10:20	Preoperative assessment & simulation Garyfalia LEKAKIS	20 min
10:20–10:40	Operating room setup & anaesthesia Georgios KARATZIAS	20 min
10:40–11:00	Splint placement & postoperative instructions Michalis TSOUNIS	20 min

11:00–13:00	PS1 Rhinoplasty Hands-on I 2nd Floor - Willis Cadaver Lab · 2 h · Presidium: Christos GEORGALAS, George MIREAS (Coordinator), Neophytos DEMETRIADES Video demonstration: George MIREAS. Teaching faculty: Liana ASIMAKOPOULOU, Ioanna BOTANI, Vasilios DANIILIDIS, Neophytos DEMETRIADES, Christos GEORGALAS, Georgios KARATZIAS, Garyfalia LEKAKIS, Spyridon LYGEROS, Vasilis MICHALOPOULOS, George MIREAS, Constantinos PAPADOPOULOS, Dimitrios TERZAKIS, Stelios TRIANTOS, Michalis TSOUNIS. Practical sessions are supervised by the teaching faculty.	
11:00–13:00	Dissection & septal grafts George MIREAS	120 min

OTHER ACTIVITIES

13:00–14:00	<i>Lunch break</i> 5th Floor - Wernicke Lounge	60 min
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14:00–18:00	PS2 Rhinoplasty Hands-on II 2nd Floor - Willis Cadaver Lab · 4 h · Presidium: Christos GEORGALAS, George MIREAS (Coordinator), Neophytos DEMETRIADES Video demonstration: George MIREAS. Teaching faculty: Liana ASIMAKOPOULOU, Ioanna BOTANI, Vasilios DANIILIDIS, Neophytos DEMETRIADES, Christos GEORGALAS, Georgios KARATZIAS, Garyfalia LEKAKIS, Spyridon LYGEROS, Vasilis MICHALOPOULOS, George MIREAS, Constantinos PAPADOPOULOS, Dimitrios TERZAKIS, Stelios TRIANTOS, Michalis TSOUNIS. Practical sessions are supervised by the teaching faculty.	
14:00–18:00	Dorsum & structural support George MIREAS	240 min

09:30–11:00 PS3 Rhinoplasty Hands-on III

2nd Floor - Willis Cadaver Lab · 1 h 30 min · Presidium: Christos GEORGALAS, George MIREAS (Coordinator), Neophytos DEMETRIADES

Video demonstration: George MIREAS. Teaching faculty: Liana ASIMAKOPOULOU, Ioanna BOTANI, Vasilios DANIILIDIS, Neophytos DEMETRIADES, Christos GEORGALAS, Georgios KARATZIAS, Garyfalia LEKAKIS, Spyridon LYGEROS, Vasilis MICHALOPOULOS, George MIREAS, Constantinos PAPADOPOULOS, Dimitrios TERZAKIS, Stelios TRIANTOS, Michalis TSOUNIS. Practical sessions are supervised by the teaching faculty.

09:30–11:00 Tip techniques
George MIREAS

90 min

OTHER ACTIVITIES

11:00–11:30 *Coffee break*

5th Floor - Wernicke Lounge

30 min

11:30–13:00 PS4 Rhinoplasty Hands-on IV

2nd Floor - Willis Cadaver Lab · 1 h 30 min · Presidium: Christos GEORGALAS, George MIREAS (Coordinator), Neophytos DEMETRIADES

Video demonstration: George MIREAS. Teaching faculty: Liana ASIMAKOPOULOU, Ioanna BOTANI, Vasilios DANIILIDIS, Neophytos DEMETRIADES, Christos GEORGALAS, Georgios KARATZIAS, Garyfalia LEKAKIS, Spyridon LYGEROS, Vasilis MICHALOPOULOS, George MIREAS, Constantinos PAPADOPOULOS, Dimitrios TERZAKIS, Stelios TRIANTOS, Michalis TSOUNIS. Practical sessions are supervised by the teaching faculty.

11:30–13:00 Suturing & osteotomies
George MIREAS

90 min

OTHER ACTIVITIES

13:00–14:00 *Lunch break*

5th Floor - Wernicke Lounge

60 min

14:00–17:00 PS5 Rhinoplasty Hands-on V

2nd Floor - Willis Cadaver Lab · 3 h · Presidium: Christos GEORGALAS, George MIREAS (Coordinator), Neophytos DEMETRIADES

Video demonstration: George MIREAS. Teaching faculty: Liana ASIMAKOPOULOU, Ioanna BOTANI, Vasilios DANIILIDIS, Neophytos DEMETRIADES, Christos GEORGALAS, Georgios KARATZIAS, Garyfalia LEKAKIS, Spyridon LYGEROS, Vasilis MICHALOPOULOS, George MIREAS, Constantinos PAPADOPOULOS, Dimitrios TERZAKIS, Stelios TRIANTOS, Michalis TSOUNIS. Practical sessions are supervised by the teaching faculty.

14:00–17:00 Diced cartilage, PRF & closure
George MIREAS

180 min

09:00–10:30	TS2 Facelift & Neck Lift – Lectures 6th Floor - Perneczky Lecture Room · 1 h 30 min · Presidium: Christos GEORGALAS, George MIREAS, Neophytos DEMETRIADES (Coordinator)	
09:00–09:30	Welcome & introduction to the facelift section Christos GEORGALAS, George MIREAS, Neophytos DEMETRIADES	30 min
09:30–09:50	Preoperative assessment Neophytos DEMETRIADES	20 min
09:50–10:10	Operating room, anaesthesia & postoperative care Ioanna BOTANI	20 min
10:10–10:30	Anatomy: skin, retaining ligaments and facial nerve George MIREAS	20 min

10:30–13:00	PS6 Facelift Hands-on I 2nd Floor - Willis Cadaver Lab · 2 h 30 min · Presidium: Christos GEORGALAS, George MIREAS, Neophytos DEMETRIADES (Coordinator) Video demonstration: Neophytos DEMETRIADES. Teaching faculty: Athanasios ATHANASIOU, Ioanna BOTANI, Athanasios CHRISTOPOULOS, Savvas DALITIS, Neophytos DEMETRIADES, Christos GEORGALAS, George MIREAS, Aris NTAMAGKAS, Nikolaos FRAGKIOUDAKIS. Practical sessions are supervised by the teaching faculty.	
10:30–13:00	Neck lift Neophytos DEMETRIADES	150 min

OTHER ACTIVITIES

13:00–14:30	<i>Lunch break</i> 5th Floor - Wernicke Lounge	90 min
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14:30–18:00	PS7 Facelift Hands-on II 2nd Floor - Willis Cadaver Lab · 3 h 30 min · Presidium: Christos GEORGALAS, George MIREAS, Neophytos DEMETRIADES (Coordinator) Video demonstration: Neophytos DEMETRIADES. Teaching faculty: Athanasios ATHANASIOU, Ioanna BOTANI, Athanasios CHRISTOPOULOS, Savvas DALITIS, Neophytos DEMETRIADES, Christos GEORGALAS, George MIREAS, Aris NTAMAGKAS, Nikolaos FRAGKIOUDAKIS. Practical sessions are supervised by the teaching faculty.	
14:30–18:00	Facelift techniques Neophytos DEMETRIADES	210 min

Faculty

Course Director

	Christos GEORGALAS PhD, MRCS(Ed), DLO(Eng), FRCS(ORL-HNS), FEB(ORL-HNS), Professor of Head and Neck Surgery, University of Nicosia, Director, Department of Head, Neck and Skull Base Surgery, Hygeia Hospital, Athens, Greece		George MIREAS MD, PhD, Clinical Associate Professor, European University Cyprus School of Medicine; Director, Facial Plastic & Reconstructive Surgery Center, Mediterraneo Hospital, Athens, Greece
	Neophytos DEMETRIADES MD, DDS, MSc, Professor, European University of Cyprus, School of Medicine; Program Director of Facial Plastic Surgery and Maxillofacial Surgery, Nicosia, Cyprus		

Member

	Christos GEORGALAS PhD, MRCS(Ed), DLO(Eng), FRCS(ORL-HNS), FEB(ORL-HNS), Professor of Head and Neck Surgery, University of Nicosia, Director, Department of Head, Neck and Skull Base Surgery, Hygeia Hospital, Athens, Greece		George MIREAS MD, PhD, Clinical Associate Professor, European University Cyprus School of Medicine; Director, Facial Plastic & Reconstructive Surgery Center, Mediterraneo Hospital, Athens, Greece
	Ioanna BOTANI MD, MSc, Otolaryngologist – Head & Neck Surgeon, Consultant A, General Hospital of Drama, Drama, Greece		Neophytos DEMETRIADES MD, DDS, MSc, Professor, European University of Cyprus, School of Medicine; Program Director of Facial Plastic Surgery and Maxillofacial Surgery, Nicosia, Cyprus

Chair

	Christos GEORGALAS PhD, MRCS(Ed), DLO(Eng), FRCS(ORL-HNS), FEB(ORL-HNS), Professor of Head and Neck Surgery, University of Nicosia, Director, Department of Head, Neck and Skull Base Surgery, Hygeia Hospital, Athens, Greece		George MIREAS MD, PhD, Clinical Associate Professor, European University Cyprus School of Medicine; Director, Facial Plastic & Reconstructive Surgery Center, Mediterraneo Hospital, Athens, Greece
	Neophytos DEMETRIADES MD, DDS, MSc, Professor, European University of Cyprus, School of Medicine; Program Director of Facial Plastic Surgery and Maxillofacial Surgery, Nicosia, Cyprus		

Instructor

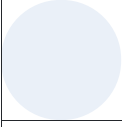
 Aris NTAMAGKAS Plastic Surgeon, former Head of the Plastic Surgery Clinic, 251 Hellenic Air Force General Hospital, Athens, Greece	 Athanasios ATHANASIOU MD, PhD, Plastic Surgeon, President, Athens Beverly Hills Medical Group, Athens, Greece
 Athanasios CHRISTOPOULOS MD, Plastic Surgeon, Scientific Director, “Aesthetic Anaplasia” Medical Center	 Christos GEORGALAS PhD, MRCS(Ed), DLO(Eng), FRCS(ORL-HNS), FEB(ORL-HNS), Professor of Head and Neck Surgery, University of Nicosia, Director, Department of Head, Neck and Skull Base Surgery, Hygeia Hospital, Athens, Greece
 Constantinos PAPADOPOULOS MD, MSc, BSc, ENT Surgeon, Consultant, General Hospital of Drama, Drama, Greece	 Dimitrios TERZAKIS MD, MSc, FEBORL-HNS, Consultant Otorhinolaryngologist, Red Cross General Hospital, Athens, Greece
 Garyfalia LEKAKIS MD, PhD, FRCS(ORL-HNS), EBFPRS, Hôpital Iris Sud, The Clinic, Brussels, Belgium	 George MIREAS MD, PhD, Clinical Associate Professor, European University Cyprus School of Medicine; Director, Facial Plastic & Reconstructive Surgery Center, Mediterraneo Hospital, Athens, Greece
 Georgios KARATZIAS MD, PhD, Director, ENT Department, Asklepieio General Hospital of Voula, Athens, Greece	 Ioanna BOTANI MD, MSc, Otolaryngologist – Head & Neck Surgeon, Consultant A, General Hospital of Drama, Drama, Greece
 Liana ASIMAKOPOULOU MD, PhD, Otolaryngologist, Member of the European Academy of Facial Plastic Surgery	 Michalis TSOUNIS MD, PhD, Director, ENT Department, Hellenic Police Health Directorate; Director, Department of Functional Rhinoplasty, Lito Hospital, Athens, Greece
 Neophytos DEMETRIADES MD, DDS, MSc, Professor, European University of Cyprus, School of Medicine; Program Director of Facial Plastic Surgery and Maxillofacial Surgery, Nicosia, Cyprus	 Nikolaos FRAGKIOUDAKIS MD, DDS, Oral & Maxillofacial Surgeon, Fellow, Facial Cosmetic Surgery
 Savvas DALITIS MD, MSc, Plastic, Reconstructive and Aesthetic Surgeon	 Spyridon LYGEROS MD, PhD, Assistant Professor of Otolaryngology, Medical School, University of Patras, Rio, Greece

**Stelios TRIANTOS**

ENT – Head and Neck Surgeon,
Director, ENT Clinic, Korgialenio-
Benakio Red Cross General
Hospital, Athens, Greece

**Vasilios DANIILIDIS**

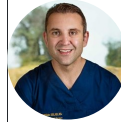
Professor of Otolaryngology,
Medical School, University of
Patras; Director, ENT Clinic,
University Hospital of Patras, Rio,
Greece

**Vasilis MICHALOPOULOS**

MD, PhD, Plastic Surgeon

Moderator**George MIREAS**

MD, PhD, Clinical Associate
Professor, European University
Cyprus School of Medicine;
Director, Facial Plastic &
Reconstructive Surgery Center,
Mediterraneo Hospital, Athens,
Greece

**Neophytos DEMETRIADES**

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European University of Cyprus,
School of Medicine; Program
Director of Facial Plastic Surgery
and Maxillofacial Surgery,
Nicosia, Cyprus

